

THE EVOLVING PHARMACY TECHNICIAN: DRIVING LIPID OPTIMISATION IN PRIMARY CARE

19th March 2026, 12:00 - 13:30

Webinar / Microsoft Teams



**MIDLANDS
PRACTICE
PHARMACY
NETWORK**

LEARNING OUTCOMES

By the end of this webinar, participants will be able to:

- Describe what cholesterol is and explain its role in cardiovascular disease.
- Understand the clinical rationale and benefits of cholesterol reduction.
- Identify the main medication options used in lipid management (both oral and injectable)
- Provide appropriate diet and lifestyle advice to support lipid optimisation.
- Understand how pharmacy technicians can support cholesterol related QOF indicators.
- Apply appropriate coding, monitoring, and follow-up processes for lipid management in primary care.
- Demonstrate an understanding of how to set up and support lipid optimisation clinics within a PCN.
- Identify resources available to support pharmacy technicians involved in lipid optimisation services.

PROGRAMME

12:00 – 12:05 | Welcome and Introduction

12:05 – 13:05 | Clinical Overview of Lipid Management – **Jaypal Singh Gahir**

- Overview of cholesterol and lipid profiles
- Clinical importance of cholesterol reduction
- Evidence-based benefits of lipid optimisation
- Lipid-lowering medications, treatment options (oral and injectable)
- Contraindications, cautions, and safety considerations
- Referral criteria and escalation pathways
- Diet and lifestyle interventions to support treatment

13:05 – 13:25 | Pharmacy Technician Contribution to Lipid Optimisation – **Charlotte Patterson**

- Role of pharmacy technicians in cholesterol management
- Supporting Quality and Outcomes Framework (QOF) indicators
- Coding requirements and data recording
- Monitoring and follow-up processes
- Practical guidance on running a lipid optimisation clinic
- Overview of available tools, templates, and resources

13:25 – 13:30 | Questions and Close

- Question and answer session
- Summary of key learning points
- Signposting to further learning and resources

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SPEAKERS

- **Jaypal Singh Gahir**, Assistant Clinical Director, Walsall South 2 PCN, Advanced Clinical Practitioner & Independent Prescribing Pharmacist
- **Charlotte Patterson**, Pharmacy Technician, Walsall South 2 PCN

AUDIENCE, DATE & TIME

- Audience | Pharmacists and Pharmacy Technicians working in Primary Care
- Date | 19th March 2026
- Time | 12:00 – 13:30
- Delivery | Microsoft Teams / Zoom
- Duration | 1.5 hours

If you would like to register for the webinar please email jonah@mppn.org.uk

SPONSOR

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