

DIABETES SERIES

THE BEGINNING OF THE ROAD (MODULE 1) &
FINDING THE CORRECT PATH (MODULE 2)



**MIDLANDS
PRACTICE
PHARMACY
NETWORK**

Thursday 17th March 2022

PROGRAMME

- 19:30 **Welcome & Introductions**
Bharat Patel, Clinical Pharmacist at Rushall Medical Centre, MPPN Chairman
- 19:35 **Module 1: The Beginning of the Road**
Michele Colloby, Lead Diabetes Specialist Nurse at Sutton Coldfield Group Practice
- 20:05 **Module 2: Finding the Correct Path**
Lynn Walker, Diabetes Specialist Nurse at Oaks Medical Centre, Great Barr, Birmingham
- 20:35 **Q&A session**
- 20:45 **Thank You & Meeting Close**

KEY LEARNING POINTS

Module 1: The Beginning of the Road

- The basics of glycaemic control
- How blood glucose levels are regulated by the pancreas, liver, kidneys, and intestines
- The role of insulin in glucose regulation
- The difference between a pre-diabetic, T1 and T2 patient with diabetes
- Making the correct diagnosis

Module 2: Finding the Correct Path

- ADA/EASD diagnostic criteria for type 2 diabetes
- The importance of maintaining glycaemic control
- Understanding the diagnostic measures
- Understanding the implications of lifestyle changes

REGISTRATION

To register for this webinar please email Simon at simon@pds-keele.co.uk.

FUTURE WEBINARS IN THIS SERIES

- **'Route Options'** (module 3) and **'Right drug, Right patient, Right time'** (module 4) – 26th May 2022
- **'Obstacles En Route'** (module 5) and **'The Diabetic Review'** (module 6) – 16th June 2022

Invites for these webinars will be distributed closer to the time.

This meeting is sponsored by AstraZeneca.
AstraZeneca have not had involvement in the content of the agenda.



SPEAKERS

Michele Colloby RN, MSc in diabetes, NMP is currently the Lead Diabetes Specialist Nurse at Sutton Coldfield Group Practice.

Michele's first diabetes nursing post was in 1999. She has 20 years of secondary care diabetes experience, including 4 years as the West Midlands Genetic Diabetes Nurse, working with the Exeter genetic team. Until recently Michele worked as the Senior Diabetes Nurse at Good Hope Hospital in Sutton Coldfield, making the move to work in primary care in the Autumn of 2019.

Michele's interest in diabetes stems from her early nursing career spent working in the renal unit at Birmingham's Queen Elizabeth Hospital. Her interest was fuelled by patients receiving renal replacement therapy as a result of diabetic nephropathy.

Clinically, Michele has a keen interest in both monogenic diabetes and ketosis prone diabetes.

Michele has extensive experience of teaching to all levels both formally and informally. She has developed and led diabetes study days and sessions within her secondary care and genetic role. She was also a tutor on the University of South Wales online PGD in Diabetes.

Lynn Walker RN, BSc Hons clinical nursing studies.

Lynn's first diabetes post was in 2003 after gaining a keen interest in diabetes whilst working as a district nurse. She had an article published in 2000 discussing the need to increase diabetes knowledge among district nurses working in the community to translate up-to-date information to patient care.

Lynn successfully gained a DSN role in 2003 - piloting and starting a community-based oral glucose tolerance test and achieving a poster award at Diabetes UK in the process. She also chaired the district nurse link nurse meetings, undertook community-based clinics across the trust and delivered education to patients and staff within the community.

Lynn completed a teaching course at Wolverhampton University in 2010.

She then moved into medical practices in 2014 as a DSN for several surgeries and undertook patient education across Birmingham and Solihull trusts. Since 2017, Lynn has worked solely for the Oaks Medical Centre in Great Barr as a DSN.