

# MPPN WORKSHOP

## ASTHMA: A PRACTICAL GUIDE

Thursday 20<sup>th</sup> June 2024 – 9:15am-5:00pm.  
The Hub, Walsall College, Littleton Street West, Walsall WS2 8ES



**MIDLANDS  
PRACTICE  
PHARMACY  
NETWORK**

### PROGRAMME

The day will be interactive with case studies and opportunities for questions throughout.

8:30 am	Registration, coffee and networking
9:15 am	Welcome and introductions – why we are here (epidemiology, disease burden) <i>Bharat Patel</i>
9:30 am	Diagnosis – features, symptoms, history, use of objective tests <i>Nazir Hussain</i>
11:00 am	Tea & coffee break
11:20 am	Pharmacological and non-pharmacological management – local, national and international guidelines, inhaler choice, considering the carbon footprint of inhalers, stepping up and down, MART, inhaler technique <i>Nazir Hussain</i>
12:45 – 1:30 pm	Lunch
1:30 pm	Recognising and managing poor control – red flags, managing requests for rescue packs and nebulisers <i>Viv Marsh</i>
3:00 pm	Tea & coffee break
3:20 pm	Making the most of the consultation – supporting self-management, asthma action plans, remote consultations and managing medications remotely <i>Viv Marsh</i>
4:15 pm	Practical MPPN resources for pharmacists to support the identification of ‘at risk’ patients <i>Bharat Patel &amp; Simon Thomas</i>
4:45 pm	Summing up, reflection on key learning points, putting theory into practice
5:00 pm	End

### SPEAKERS - VIV MARSH

RGN, RSCN, SCPHN, Independent Prescriber, Queen’s Nurse

Viv is an asthma nurse specialist and the Clinical Lead for Children and Young People’s Asthma Transformation in the Black Country ICB.



She became a registered nurse in 1991 and throughout her career has worked in acute paediatrics, school nursing, specialist nursing, clinical education and research. Her primary professional interest is to contribute towards improving quality of life and clinical outcomes for children and young people (CYP) with asthma and has collaborated with NHS England around the development of the capability framework set out in the CYP Asthma national bundle of care. Viv is responsible for the implementation of the national bundle of asthma care in the Black Country.

In her research role Viv works with general practice teams across the UK to implement the IMP<sup>2</sup>ART research trial strategy to improve supported self-management of asthma in routine primary care practice. In 2024 she became the CYP Lead for the Association of Respiratory Nurses, and Viv is also a member of the Asthma + Lung UK Council of Healthcare Professionals and the Lead Asthma Tutor for Rotherham Respiratory.

## NAZIR HUSSAIN

Nazir is a Specialist Respiratory Pharmacist at Dudley Integrated Health & Care NHS Trust, leading one of the largest primary care pharmacy teams in the country.

In 2011, Nazir was accredited by the Royal Pharmaceutical Society of Great Britain as a Pharmacist with a Special Interest in Respiratory Care (PhwSI), one of the first pharmacists to do so in primary care. In 2023, he won the 2023 PCPA General Practice Pharmacist of the Year award in recognition of his work establishing an innovative specialist pharmacist respiratory clinic in Dudley for the diagnosis and management of asthma and COPD. Nazir is also central to several other innovative asthma projects including the West Midlands Academic Health Science Network FENO project, restoration of spirometry in primary care quality improvement scheme and identification of suspected severe asthma (SPECTRA).

Nazir also sits on the Black Country Respiratory Subgroup and on the Early and Accurate Diagnosis Task Group for Children and Young People across the West Midlands ICS

## VENUE

The Hub, Walsall College, Littleton Street West, Walsall WS2 8ES  
(<https://www.walsallcollege.ac.uk/enterprises/the-hub/>)

## REGISTRATION

To register for this workshop please email Simon at [simon@pds-keele.co.uk](mailto:simon@pds-keele.co.uk).

## SPONSORS (TBC)

This workshop is supported by companies who have only paid for exhibition stand space at the meeting and therefore will be given the opportunity to discuss their products with attendees. None of the companies have had any input into the content of the programme, and no involvement in choosing, briefing or paying the speakers.